

Calendar of Events

June 2011

Fitness Classes Offered
M – F 9:30
In Fitness Center

We Offer In House Physical, Occupational, and Speech Therapy Services.

Provided by Summit Pacific Rehab Services. Contact **Kim** Rehab Clinical Coordinator (425) 453-1508

“Healthy Tips”
Once A Month By Summit Pacific Rehab







Store Hours
Tues, Wed, Fri
Sat 1:30-3:30 pm

Hair Salon
Wed 8:30-4:00

Location Codes
BR = Bistro (1st Floor)
PR = Piano Room
P = Pool (Downstairs)
B = Bus
AR = Activity Room (Downstairs)
FC = Fitness Center
DR = Dining Room (1st Floor)
PDR = Private Dining Room
MR = Movie Room (2nd Floor)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1 12:30-4:00 Dr. Apts. 9:30 Tai Chi/Body Movement (FC) 10:00 Sound Assoc. Hearing testing(PDR) 10:30 Candy Bingo (BR) 1:30 Shuffle Board 2:00 Aqua Fun (P) 3:00 Resident Meeting W/O Staff Fire Talk W/Kathy Barker (AR) 4:00 Cocktails W/ Hayley (BR) 6:30 Fun Bridge (MR)</p>	<p>2 8:30-1:00 Dr. Apts. 9:30 Resistance Training (FC) 10:30 The News Behind the News W/Lou Guzzo (BR) 11:15 Outside Games (PATIO) 1:30 Scenic Drive (B) 3:00 Ice Cream Bar Social (BR) 3:15 Sharing Moments (BR) 4:00 National Award Presentation to our Activity Program and Physical & Occupational Therapy(BR)</p>	<p>3 9:30 Body Movement & Balance Work (FC) 10:30 Tea Social (BR) 11:15 Lunch @ Yea’s Wok (B) 1:30 Shuffleboard (BR) 4:00 Wine Social W/ Arel (PR)</p> 	<p>4 9:30 Current Events W/David(PR) 10:30 High/Low BR 1:30 Bistro Banter (BR) 2:00 Sing-A-Long(PR) 3:00 Book Club W/David(PR) 6:30 Movie Night (MR)</p>
<p>5 9:30 Newspaper Social W/David 10:30 Outside Games(Patio) 2:00 Candy Bingo(AR) 3:15 Hymn Sing(MR) 6:30 Movie Night (MR)</p>	<p>6 9:30 Body Movement & Balance Work(FC) 10:30 Tea Social(BR) 10:30 Banking & Shopping (B) 1:30 Bell Choir W/Rebecca Wu (AR) 2:30 Aqua Fun (P) 4:00 Margarita Monday (BR) 6:30 Board Games (BR)</p>	<p>7 8:30-1:00 Dr. Apts. 9:30 Resistance Training (FC) 10:30 Tea Social 11:00 Outdoor Games(Patio) 12:00 New Resident Luncheon 1:30 Scenic Drive (B) 3:00 Catholic Communion (PDR) 3:15 Root beer Floats (BR) 6:30 Movie Night(MR)</p>	<p>8 12:30-4:00 Dr. Apts. 9:30 Tai Chi/Body Movement (FC) 10:30 Candy Bingo(AR) 1:30 Bean Bag Baseball (AR) 2:00 Aqua fun (P) 3:15 Walk -n-Talk (Station Fun)(Patio) 4:00 Cocktails W/J.J. (BR) 6:30 Fun Bridge (MR) National CNA Day ! Tell them how much we appreciate them ☺</p>	<p>9 8:30-1:00 Dr. Apts. 9:30 Resistance Training (FC) 10:30 The News Behind the News W/Lou Guzzo (BR) 11:00 Shuffleboard (PR) 3:00 Strawberry Lemonade (BR) 3:15 Folk Sing W/J.J. (BR)</p>	<p>10 9:30 Body Movement & Balance Work (FC) 10:30 Tea Social(BR) 11:15 Lunch @ Tapitio Mexican Restraunt (B) 1:30 Beading W/Barb (BR) 4:00 Wine Social W/Larry Schacher (PR)</p>	<p>11 9:30 Current Events W/David (PR) 10:30 High/Low (BR) 1:30 Bistro Banter (BR) 2:00 Sing-A-Long (AR) 3:00 Book Club W/David(PR) 6:30 Movie Night (MR)</p>
<p>12 9:30 Newspaper Social W/David(PR) 10:30 Outside Games(Patio) 2:00 Candy Bingo (AR) 3:15 Hymn Sing(MR) 6:30 Movie Night (MR)</p>	<p>13 9:30 Body Movement & Balance Work(FC) 10:30 Tea Social (BR) 10:30 Banking & Shopping (B) 11:15 Yarn Social W/Vi (PR) 1:30 Hot Topics W/ Lou Guzzo (AR) 4:00 Margarita Monday (BR) Entertainment W/Mark Haynie 6:30 Board Games (BR)</p>	<p>14 8:30-1:00 Dr. Apts. 9:30 Resistance Training (FC) 10:30 Flowers W/Pat (BR) 1:30 Scenic Drive (B) 3:00 Catholic Communion (PDR) 3:15 Farmers Market in Renton(B) 6:30 Movie Night (MR)</p>	<p>15 12:30-4:00 Dr. Apts. 9:30 Tai Chi/Body Movement (FC) 10:30 Candy Bingo (AR) 1:30 Bean Bag Baseball (AR) 2:00 Aqua Fun (P) 3:15 Walk-N-Talk (Station Fun) (Patio) 4:00 Cocktails W/ Hayley(BR) 6:30 Fun Bridge (MR)</p>	<p>16 8:30-1:00 Dr. Apts. 9:15 Traveling Library (BR) 9:30 Resistance Training (FC) 10:30 The News Behind the News W/Lou Guzzo(BR) 11:00 Outside Games (PATIO) 1:30 Scenic Drive (B) 3:00 Ice Cream Bar Social (BR) 3:15 Sharing Moments (BR) 4:00 Folk Sing W/J.J.(BR)</p>	<p>17 9:30 Body Movement & Balance Work (FC) 10:30 Tea Social(BR) 11:00 Lunch @ Luther’s Table in Renton (B) 1:30 Shuffleboard (BR) 4:00 Wine Social W/ Randy Litch (PR)</p>	<p>18 9:30 Current Events W/David (PR) 10:30 High/Low (BR) 1:30 Bistro Banter (BR) 2:00 Sing-A-Long (PR) 3:00 Book Club W/David(PR) 6:30 Movie Night (MR)</p>
<p>19 9:30 Newspaper Social W/David 10:15 Candy Bingo(AR) 12:00 Father’s Day Barbeque and Entertainment W/Joe Ross 6:30 Movie Night (MR)</p>	<p>20 9:30 Body Movement & Balance Work(FC) 10:00 Snoqualmie Casino(B) 10:30 Tea Social (BR) 1:30 Hot Topics W/ Lou Guzzo (AR) 4:00 Margarita Monday (BR) 6:30 Board Games(BR)</p>	<p>21 8:30-1:00 Dr. Apts. 9:30 Resistance Training (FC) 10:30 Health Talk W/Kim (BR) 11:00 Outdoor Games (Patio) 1:30 Scenic Drive (B) 3:00 Catholic Communion (PDR) 3:15 Fruit Smoothies (BR) 6:30 Movie Night (MR)</p>	<p>22 12:30-4:00 Dr. Apts. 9:30 Tai Chi/Body Movement (FC) 10:30 Candy Bingo (AR) 1:30 Bean Bag Baseball (AR) 2:00 Aqua Fun (P) 3:15 Walk-N-Talk (Station Work)(Patio) 4:00 Cocktails W/ J.J.(BR) 6:30 Fun Bridge(MR)</p>	<p>23 8:30-1:00 Dr. Apts. 9:30 Resistance Training(FC) 10:30 The News Behind The News W/Lou Guzzo (BR) 11:00 Outside Games (PATIO) 1:30 Scenic Drive (B) 3:00 Ice Cream Bar Social (BR) 3:15 Sharing Moments(BR) 4:00 Folk Sing W/J.J.(BR)</p>	<p>24 9:30 Body Movement & Balance Work (FC) 10:30 Tea Social(BR) 11:00 Lunch @ Olive Garden (B) 1:30 Beading W/Barb (BR) 4:00 Wine Social W/ Dale Kennedy (PR) 6:00 Women’s Fun Evening Social</p>	<p>25 9:30 Current Events W/David 10:30 High/Low (BR) 1:30 Bistro Banter (BR) 2:00 Sing-A-Long W/David (PR) 3:00 Book Club W/David (PR) 6:00 Pizza & Beer Men Only (BR)</p>
<p>26 9:30 Newspaper Social W/David (BR) 10:30 Outside Games (Patio) 2:00 Candy Bingo (AR) 3:15 Hymn Sing(MR) 6:30 Movie Night(MR)</p>	<p>27 9:15 Foot Care W/ Dr. Saam (2nd Floor) 9:30 Body Movement & Balance Work(FC) 10:15 Dollar Tree (B) 11:15 Yarn Social W/Vi (PR) 1:30 Hot Topics W/ Lou Guzzo (AR) 4:00 Margarita Monday (BR) 6:30 Board Games (BR)</p>	<p>28 8:30-1:00 Dr. Apts. 9:30 Resistance Training (FC) 10:30 Tea Social (BR) 11:00 Outdoor Games (Patio) 11:15 Yarn Social W/Vi (P) 1:30 Scenic Drive (B) 3:00 Resident Birthdays (BR) 6:30 Movie Night (MR)</p>	<p>29 12:30-4:00 Dr. Apts. 9:30 Tai Chi/Body Movement (FC) 10:30 Resident Meeting W/Staff (PR) 11:00 Leave For Mariners Game (B) Mariners VS. Atlanta Braves 1:30 Bean Bag Baseball (AR) 4:00 Cocktails W/ Hayley (BR) 6:30 Fun Bridge (MR) GO MARINERS ☺</p>	<p>30 8:30-1:00 Dr. Apts. 9:30 Resistance Training(FC) 10:30 The News Behind The News W/Lou Guzzo (BR) 11:00 Outside games (PATIO) 1:30 Scenic Drive (B) 3:00 Ice Cream Cone Social (BR) 3:15 Sharing Moments(BR) 4:00 Folk Sing W/J.J.(BR)</p>	