

Calendar

WEEKLY HIGHLIGHTS

MONDAY – FRIDAY: Exercise classes at 9:30am
Body Movement, Balance Work, Yoga, Tai Chi, Resistance Training and Stretching

MONDAYS: Margarita Monday at 4:00pm

EVERY OTHER MONDAY: Hot Topics with Lou Guzzo

LAST MONDAY of the MONTH: Residents' Birthday Party at 1:30pm

TUESDAYS: Church Services at 10:30am

TUESDAYS: Tea Socials and Scenic Drives

EVERY THIRD TUESDAY: Heart Healthy Tips

TUESDAYS and THURSDAYS:
Doctor Appointments 8:30am – 1:00pm, Bellevue and Issaquah locations

WEDNESDAYS: Doctor Appointments 12:30pm – 4:00pm, Renton location

WEDNESDAYS: Aqua Fun

WEDNESDAYS: Hair Salon 8:00am – 5:00pm | Cocktails at 4:00pm

SECOND WEDNESDAY: Flower Crafts

LAST WEDNESDAY: Special Crafts

THURSDAYS: Scenic Drives
The News Behind the News with Lou Guzzo

FRIDAYS: Wine Socials with Live Entertainment | Lunch Outings | Candy Bingo

SATURDAYS: Movie Matinéés

NOTABLE MONTHLY EVENTS

JUNE:

- Mariners Game
- Father's Day BBQ
- Lunch Cruise
- Farmers' Market
- Remlinger Farm
- Jazz Club
- Car Show
- Miniature Horse Farm

JULY:

- 4th of July Celebration
- International Food
- Cruise Week
- Snoqualmie Casino
- Concerts in the Park
- Farmers' Market
- Jazz Club

AUGUST:

- Hawaiian Luau
- Mariners Game
- Car Show
- Bell Choir
- Mariachi Music Night
- Farmers' Market
- Jazz Club

MONDAY:

- 9:30am – Exercise
- 10:30am – Tea Social
- 1:30pm – Hot Topics with Lou Guzzo
- 4:00pm – Margarita Monday

TUESDAY:

- 9:30am – Exercise
- 10:30am – Tea Social or Heart Healthy Tips
(3rd Thursday)
- 1:30pm – Scenic Drive
- 2:00pm – Candy Bingo
- 3:30pm – Wii and Shuffleboard

WEDNESDAY:

- 9:30am – Exercise
- 10:30am – Tea Social
- 11:00am – Aqua Fun
- 1:30pm – Stretch and Balance Workout
- 4:00pm – Special Cocktails
- 6:30pm – Movie Night

THURSDAY:

- 9:30am – Exercise
- 10:30am – The News Behind the News
with Lou Guzzo
- 11:30am – Crafts
- 1:30pm – Scenic Drive
- 3:30pm – Violin Performance
- 4:00pm – Dancing with Anastasia

FRIDAY:

- 9:30am – Exercise
- 10:15am – Candy Bingo
- 11:30am – Restaurant Outing
- 4:00pm – Wine Social with Live Entertainment
- 6:30pm – Movie Night

SATURDAY:

- 9:30am – Current Events
- 10:30am – Sing-a-Long
- 3:00pm – Movie Matinée

SUNDAY:

- 9:30am – Newspaper Social
- 11:00am – Open Swim
- 2:00pm – Candy Bingo
- 4:00pm – Movie Matinée